

CHRISTIAN MEDITATION GROUP

ST STEPHEN'S CHURCH, SNAINTON

MEETS EVERY OTHER SATURDAY AT
9.30AM



You are warmly invited to your local Christian Meditation Group which usually meets every other Saturday at 9.30am. This form of silent, imageless prayer using a mantra or prayer word is rooted in the Gospel, the letters of St Paul and originated with the early Desert Fathers of the 4th century.

A Benedictine monk, Father John Main OSB (1926-1982) has rediscovered this ancient prayer tradition for contemporary men and women. In 1991 the World Community for Christian Meditation (www.wccm.org) was founded which today supports over 800 Christian Meditation groups across the globe.

There is parking available in the cemetery car park adjacent to St Stephen's church. The one-hour meeting includes prayers, quiet music, a reading and 25 minutes of silent meditation.

For further information, contact St John Harris on 01723 850684.

SNANTON CHRISTIAN MEDITATION GROUP

JANUARY – MARCH 2024

All times Saturday at 9.30am

6 JANUARY

20 JANUARY

3 FEBRUARY

17 FEBRUARY

2 MARCH

16 MARCH

30 MARCH